BREAKI ALL DAY ...

a. FRENCH TOASTED OR

b. Blueberry hotcakes

 \underline{W} fresh Berries & Maple syrup. 18 Add Ice cream: +2

POLENTA CAKE & WILD MUSHROOM

Polenta, mushroom, baby spinach, feta, rosso sauce & a poached egg 20

SRIRACHA & MAPLE GLAZED BACON

 \underline{W} smashed avocado, lemon & coriander on sourdough 18

SWEET POTATO CORN CAKE & SMOKED SALMON

Poached eggs, pickled ginger, baby spinach & lemon wedges 22

EGGS BENEDICT YOUR WAY

Choice of (prosciutto, ham, bacon or spinach. **SMOKED SALMON** +\$2) w/ poached eggs and hollandaise sauce 18.

ITALIAN BAKED EGGS

Three eggs on homemade napoli sauce oven baked topped with parmesan cheese served w/ sourdough 18

EGGS BURRITO

Toasted 10' tortilla wrap with scrambled eggs, bacon bits, cheese topped w/tomato salsa, avocado and sour cream 20

SUPER SPECIAL OMELETLE

3 eggs W /tomato, mushroom, chorizo, ham, cheese and spinach on sourdough 20

HOUSE BREAKFAST

Choice of your own style eggs, w/ crispy bacon, chorizo, mushroom, hash brawn, spinach and smashed avocado 22

BUILD YOUR OWN

Two Eggs your way on sourdough toast **9**

+ ADD EACH YOUR FAVORITES:

Gluten free bread, Extra Egg, extra sourdough bread, hollandaise,

spinach, baked bean 2.5

Smashed avocado, Hash browns, Herb mushroom, Grilled tomato 3

Bacon, smoked salmon, chorizo 4

TOAST

Sourdough, Choice of butter, jam or peanut butter, vegemite or honey 7.5

FRUIT BREAD TOAST

w/butter 7.00

TOASTED OLIVE BREAD

w/ smashed avocado & marinated feta 15

TOASTED SANDWICH

Sourdoughs + 2.5 Gluten free +2.5

Ham & cheese, tomato 7.50

BIG BLT

Crispy bacon, Cos lettuce & tomato w/ aioli sauce 16



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LUNCH

CLASSIC CAESAR SALAD

Cos lettuce, crispy bacon bits, parmesan cheese mixed with our home made dressing Served w/crispy croutons and soft poached egg.

Add Chicken +5

AVO BAGEL

Smashed avocado with fetta cheese and mixed green 16

NEW YORK STYLE SALMON BAGEL

W/ cream cheese, Mixed Greens Spanish onion 18

PERI-PERI CHICKEN BURGER

Mixed salad, tomato, red onion with our home made lemon aioli on burger roll served with chips 20

BEEF BURGER

250g beef pattie with cheese and mixed salad, red onion tomato and lemon aioli on burger roll served with chips 20

FRIED CALAMARI

W/ mixed greens red onion rings with house sweet chili sauce and sesame seeds 20

CHICKEN PARMIGIANA

W/ homemade Napoli Sauce and ham and lots of Mozzarella cheese Served With Chips 18

FISH 'N' CHIPS

Deep fried battered fish fillet served with Chips 18

PAN-FRIED PRAWN DUMPLING

8 pieces prawn dumpling served with side salad soy & sweet chili sauce 14

POTATO CHIPS

7

Add: Aioli or Sweet Chili Sauce +0.5 Sour cream +1

COFFEE (Organic * Fair Trade)

JUICE BAR

Espresso 3.8

OJ – lots of oranges 6.5

Short Macchiato / Piccolo / Cappuccino / Latte / Long black / Hot chocolate / Chai latte...

RTA JUICE – apple, beetroot, lemon & ginger 7.5

*Small 4 *Mug Large (take away size M) 4.5

MAKE YOUR OWN - orange, apple, ginger, celery, carrots, beetroot. 7.5

* Take away Large 5.5

SHAKE IT UP

*ICED COFFEE 6 *ICED CHOCOLATE 6.5.

Chocolate, caramel, espresso, vanilla, strawberry 7

add: Ice cream or Yoghurt + 2

THICK for 8.5

W/: SOY/ALMON/OAT/CHOCOLATE/SYRUPS/HONEY/ EXTRA SHOT COFFEE or CHAI Add: +0.50

TEA (Organic * Fair Trade) 4.5

English breakfast

Green

Earl grey

Peppermint

Lemon grass & ginger

Spice chai Tea

FOLIOW US ON



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SMOOTHIES

BANANA – Natural yoghurt & honey 8

MANGO -- Natural yoghurt & honey 8

FANCY PANTS — Coconut water, strawberry

& banana & Honey. 8.5

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